

SJSC WEEKLY

Summer term Issue 8: 18th June 2021



Love of learning
Empowering knowledge
Critical thinking
Personal Growth

Dear Parents,

This week was Sports Week where we all enjoyed Sports Days, despite the tropical weather! It was great to see the children having fun together and enjoying sport and especially wonderful to see them demonstrating our school values by cheering each other on and working as brilliant teams.

As you will have seen in the news, the number of cases of COVID-19 are rising and a number of schools are reporting cases and closing bubbles. Please be vigilant and if your child has one of the key symptoms of a **new continuous cough, loss or change to your sense of smell or taste, or a high temperature** please keep your child at home, book a test and let us know. We continue to follow the government guidance with the school organised in year group bubbles and additional processes such as increased hand-washing.

Warmest regards,
Joseph Bell and Alli Crank

SJSC Diary

June

21st – Year 6 Cycle Training

28th – Y5 Lichtenstein Cycle Training

29th – Y6 drumming performance

July

5th – Y5 Walker Cycle Training

13th – Transition day

19th – 20th – Y6 Play

21st – Y6 Chessington trip

Sports Day Week...

Fun was had by all at our Sports Days, despite being held over the three hottest days of the year. Take a look at our Sports Day gallery.



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The children all cooled down on Wednesday afternoon, with a well-deserved ice pop!



In Reception this week, Stars of the Week certificates have been awarded for fantastic participation and sportsmanship during Sports Day.



Church vacancy

The Parish of St John's the Evangelist, East Dulwich wishes to appoint a new parish Administrator with effect from September/October 2021 at a date to be agreed.

This is an exciting opportunity for someone with a friendly personality, good office skills, and able to work in an environment requiring confidentiality, sensitivity and compassion.

For an informal chat about the post please contact the Vicar, the Revd Gill O'Neill on 07958 592 425 or by email vicar@stjohnseastdulwich.org Contact Joy Taylor for a job description and application form: joytaylor@sky.com

Deadline for applications Noon, Friday 9 July 2021. Interviews by arrangement from Friday 16 July.

Family Food Experience Study

NatCen Social Research is inviting you to express an interest in taking part in the Family Food Experience Study. They are looking for families with primary school aged children (aged 4–11 years old) to take part in this study to help them understand family food environments and children's eating habits.

They will interview one adult in your household and will also take the height and weight measurements of one primary school aged child in your household.

As a thank you for taking part, you will receive a **£30 shopping voucher**. You can register your interest using this [link](#).

Inclusion

This week the inclusion team have been thinking about the importance of addressing online safety and, in particular, discussions around screen-time and personal wellbeing. Here are 4 points to consider when talking to children about screen-time and personal wellbeing.

1. **Stay engaged with what your children do online.** Play the games, watch the YouTubers with your children. The more engaged you are, the more chance you will have to influence what they are doing online and the more chance they will come to you when problems arise, as you have already shown an active interest in their hobby.
2. **Create screen time rules together rather than imposing from the top.** If children are involved in deciding what's reasonable they are more likely to stick to it. Let them make a chart, maybe with rewards if they stick to their goals all week.
3. **Talk to them regularly about risks of being online** – not just predators or scammers, but tiredness/headaches/lack of sleep. All of them add up to our digital wellbeing.
4. **Help them be selective about their online time.** If they are mindlessly scrolling through the suggested videos on YouTube, help them to evaluate whether it might be better to spend their screen time hours actively choosing what to watch, rather than taking an algorithm's suggestions.

The following [link](#) is a useful activity that helps children and families recognise when they have had enough screen-time and how to agree strategies, in the home, of how to manage time spent on electronic devices more effectively.

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Stars of the week

Stars are celebrated because they have demonstrated the school values, or gone above and beyond. Well done to all our stars this week ...

Year One



Year Two



Year Three



Year Four



Year Five



The whole of year 5!

Year Six

