

# Let's see what's for lunch...

Monday

## Main Meals

Chicken & Beef Sausage with Mash & Onion Gravy

Tex Mex Vegetarian Sausage Hot Pot **V**

Pasta with Cheese Sauce **V**

## Vegetables

Sweetcorn & Peas **Ve**

Tuesday

## Main Meals

Mild Chicken & Vegetable Curry with Steamed Rice

Sweet Potato & Vegetable Curry with Steamed Rice **Ve**

Jacket Potato with Baked Beans **Ve**

## Vegetables

Cauliflower & Green Beans **Ve**

Wednesday

## Main Meals

Roast Chicken with Roast Potatoes & Gravy

BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy **Ve**

Wholegrain Pasta with Tomato Sauce **Ve**

## Vegetables

Seasonal Greens & Carrots **Ve**

Thursday

## Main Meals

Beef Burger in a Bun

Homemade Vegan Burger in a Bun **Ve**

Jacket Potato with Cheese **V**

## Vegetables

Broccoli & Sweetcorn **Ve**

## Dessert

Chocolate & Beetroot Brownie **V**

Friday

## Main Meals

Fish Fingers with Oven Baked Chips

Vegetable Burrito Wrap **Ve**

Pasta with Tomato Sauce **Ve**

## Vegetables

Peas & Baked Beans **Ve**

## Freshly Baked Bread:

Garlic & Herb Bread **V** Wholemeal Bread **V**

### Week 1:

19<sup>th</sup> April, 9<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July, 30<sup>th</sup> August, 19<sup>th</sup> September, 10<sup>th</sup> October, 31<sup>st</sup> October

Monday

## Main Meals

BBQ Chicken Pizza

Margherita Pizza **V**

Jacket Potato with Tuna Mayonnaise

## Vegetables

Sweetcorn **Ve** & Coleslaw **V**

Tuesday

## Main Meals

Thai Turkey Green Curry with Steamed Rice

Squash & Spinach Pattie with Jollof Rice **Ve**

Wholegrain Pasta with Tomato Sauce **Ve**

## Vegetables

Cauliflower & Peas **Ve**

Wednesday

## Main Meals

Roast Chicken with Roast Potatoes & Gravy

Cauliflower & Cheese Bake with Roast Potatoes & Gravy **V**

Pasta with Cheese Sauce **V**

## Vegetables

Seasonal Greens & Carrots **Ve**

Thursday

## Main Meals

Beef & Bean Chilli with Rice

Vegan Chilli Con Carne with Rice **Ve**

Jacket Potato with Baked Beans **Ve**

## Vegetables

Broccoli & Sweetcorn **Ve**

## Dessert

Apple & Parsnip Sponge **V**

Friday

## Main Meals

Battered Fish with Oven Baked Chips

Vegetable Goujon with Oven Baked Chips **Ve**

Pasta with Roasted Tomato Sauce **Ve**

## Vegetables

Baked Beans & Peas **Ve**

## Freshly Baked Bread:

Carrot & Thyme Bread **V** Wholemeal Bread **V**

### Week 2:

25<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June, 4<sup>th</sup> July, 5<sup>th</sup> September, 26<sup>th</sup> September, 17<sup>th</sup> October

Monday

## Main Meals

Cottage Pie topped with Sliced Sweet Potato

Macaroni & Cheese **V**

Jacket Potato with Baked Beans **Ve**

## Vegetables

Peas & Carrots **Ve**

Tuesday

## Main Meals

Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta

Vegetable Jambalaya **Ve**

Jacket Potato with Salmon Mayonnaise

## Vegetables

Cauliflower & Broccoli **Ve**

Wednesday

## Main Meals

Thyme Roast Chicken Breast with Roast Potatoes & Gravy

Roasted Ratatouille with Crumble **Ve**

Wholegrain Pasta with Cheese Sauce **V**

## Vegetables

Seasonal Greens & Mashed Swede **Ve**

Thursday

## Main Meals

Beef & Vegetable Ragu with Penne

Vegan Bolognese with Spaghetti **Ve**

Jacket Potato with Baked Beans **Ve**

## Vegetables

Sweetcorn **Ve** & Coleslaw **V**

## Dessert

Jammy Bread & Butter Pudding with Custard **V**

Friday

## Main Meals

Fish Fingers with Oven Baked Chips

BBQ Vegetable Quesadilla **V**

Pasta with Tomato Sauce **Ve**

## Vegetables

Baked Beans & Peas **Ve**

## Freshly Baked Bread:

Tomato & Herb Bread **V** Wholemeal Bread **V**

### Week 3:

3<sup>rd</sup> May, 23<sup>rd</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July, 12<sup>th</sup> September, 3<sup>rd</sup> October, 24<sup>th</sup> October

**V** - Suitable for vegetarians  
**Ve** - Suitable for vegans & vegetarians

All products are subject to availability.

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2 St John St Clements

Available Every Day

Fresh Fruit Platter **Ve**  
Homemade Fruit Yoghurt **V**

April 2022

**pabulummm**  
HONESTLY GOOD FOOD